

# CORRIGIN TIGERS FOOTBALL CLUB



**President:** Darryle Smith - president.corrigintigers@yahoo.com 0427 060 570

**Secretary:** Kelli Hawkins - corrigintigers@yahoo.com.au 0452 487 701

**Treasurer:** Erin Warwick - treasurer.corrigintigers@yahoo.com

**C Grade Co-Ordinator:** Claire Parsons - c-grade.corrigintigers@yahoo.com

**Auskick Co-Ordinator:** Anita Stone - corriginauskick@gmail.com

PO BOX 190, Corrigin WA 6375

## Smithy says .....

Welcome to 2025 .... the boys are keen to get pre-season off to a roaring start, so make sure you head on down to training on Tuesday and Fridays (until corporate bowls is finished then it's back to Thursday training). Registrations are now open on PlayHQ - all players must be registered. The merchandise shop is currently open until 18th February - we are hoping orders from this shop will arrive before round 1.

We are looking forward to a great season!

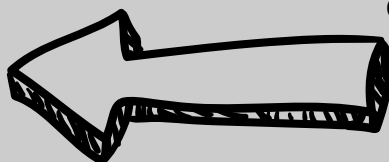
Let's go tigers!



'Smithy'

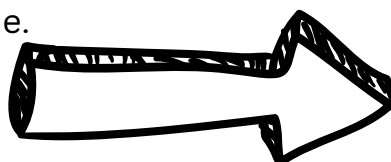


Registrations are now open on PLAYHQ.  
<https://www.playhq.com/afl/register/632bb1>  
or scan the QR code



Merchandise store is open until 18/02/2025  
with orders hopefully being received by round one.

<https://idathleticshop.com/product-category/afl/corrigin-fc/>  
or scan the QR Code.





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## FIRST OFFICAL TRAINING



# 31/01/2025





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## CORRIGIN FOOTBALL CLUB LET'S GO TIGERS



### JUMPER PRESENTATIONS



**RYAN CROWLEY**

**WITH SPECIAL GUESTS**

**&**



**BRAD SHEPPARD**

**DATE: SATURDAY 29TH MARCH 2025**

**TIME: 6PM**

**VENUE: CREC**

**COST:**

**ALL WELCOME**

**PRESALE ADULTS \$25 EA (INCLUDES STEAK & SALAD)**

**DOOR SALES ADULTS \$30 EA (INCLUDES STEAK & SALAD)**

**CHILDREN UNDER 15 FREE (INCLUDES SAUSAGE & SALAD)**

**[HTTPS://WWW.TRYBOOKING.COM/CVQLX](https://www.trybooking.com/cvqlx)**



**OR SCAN THE QR CODE**



**COME AND MEET  
THE NEWEST  
CORRIGIN TIGERS!**

**SCRATCH MATCH # 2  
CORRIGIN V TBC  
1.45PM - JUNIORS (TBC)  
3PM - ADULTS**

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## NEW Bank Account

**Account Name:** Corrigin Football Club

**BSB:** 086-554

**Account number:** 22 819 2635

**The Tigers encourage  
everyone to have**

**St John Country Ambulance Cover**

Country Ambulance Benefit Fund

Want to join?

Single \$64 per year

Couples/Family cover \$107 per year

Email: [corrigin.sub\\_centre@stjohnwa.com.au](mailto:corrigin.sub_centre@stjohnwa.com.au)

Or sign up Corrigin Pharmacy



Corrigin

[stjohnwa.com.au](http://stjohnwa.com.au)

Country Ambulance Benefit Fund -  
Ambulance Cover WA

St John  
Service of Human

## 2025 SOCIAL MEMBERSHIP



### Social Membership

**\$100 per Season**

2 x Social Memberships

2 x Stubby Holders

2 x Key Rings

2 x Free entry to all home games

To become a social member email:  
[treasurer.corrigintigers@yahoo.com](mailto:treasurer.corrigintigers@yahoo.com)

**CORRIGIN FOOTBALL CLUB**  
**LET'S GO TIGERS**

# SPONSORS

**So far we already have these amazing sponsors for 2025 ....**

Muirton Farms - Natural Park - Corrigin Tyrepower - Corrigin Hardware  
Connelly Images - Liberty Rural - Corrigin Engineering - Conrad Consulting  
Hutton & Northey Sales - Nutrien Harcourts/Steve Wright - W & L Crombie  
Cunderdin Transport - Doyle family - S & K Sheep Services - WFI  
Western Mechanical - CJS Agri Mechanics - Miller Rural Services - Afgri  
Katem's Supermarket - HZ Electrics - Corrigin Seed Cleaners  
Neutech Auto Electrics - Elders Corrigin - Nelson Transport  
Grylls Farming - Elders Insurance Corrigin - G & J Dixon - FS & Co  
MTA Travel - Emma Poultney



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## STAYING MENTALLY FIT

**Staying mentally fit in life requires knowledge and skills about how to protect and promote wellbeing.**

**Mental fitness is something we can build, maintain and grow to help us cope with stress and life challenges. There are many actions we can take to build and maintain our mental fitness, by:**



Getting good quality sleep



Regularly keeping physically active



Eating a high-quality diet



Avoiding cigarettes and making healthy choices around alcohol and other drugs



Spending time in nature



Learning and practicing relaxation strategies and ways of regulating how we feel



Learning to manage unhelpful thoughts



Learning the social and emotional skills to cope with life stress and solve problems in life



Building positive and respectful relationships in footy and in life



Staying involved and engaged in fun activities, such as footy, that build confidence and give us a sense of purpose, meaning and accomplishment



Giving to others and contributing to a charity or cause



Treating everybody with compassion and respect



Recognising when we are struggling and knowing where to go for support



Recognising when others are doing it tough and having the skills to reach out to help them get the support they need

**Doing these things on a regular basis can enhance our mental fitness and reduce our risk of experiencing mental health challenges. They can also save someone's life.**

**Find out more**



AFL PLAY



URGENT HELP



**think**  
MENTAL HEALTH

### CRISIS HELP

**000 or Your Local Hospital Emergency Department**

#### Lifeline

24 hour crisis support.  
**Call 13 11 14 or text 0477 131 114**

#### 13 YARN (13 92 76)

24 hour crisis support for Aboriginal and Torres Strait Islander peoples.

#### Suicide Call Back Service

For anyone affected by suicidal thoughts  
**1300 659 467**



[Corrigin Tigers Football Club](#)

Find us on Facebook to keep up to date

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**LET'S GO TIGERS**